



Values @ home

During May we will be thinking about the value of **confidence**. Confidence is so closely tied closely to our growth mindset and every interaction we have with a child will have an impact on how they see themselves. In school, we will be identifying the things that we are good at and the things at which we would like to be more confident. Older children will also be discussing the dangers of being overconfident and how this can be perceived by others.

Looking back!

As we move towards the end of the year, why not look at how much progress your child has made! Together, think about your achievements this year - what can you do now that you couldn't do in September?

Praise the effort your child has made to achieve their successes.

Mistakes are Good!

Confidence is about having a go! Children need to feel safe enough to not worry if they make a mistake - making mistakes helps us to learn and makes our brain stronger! Find out more with Mojo - <https://shorturl.at/qT1Ku>

You are the best!

We all want to instil confidence in our children and make them believe that they can succeed in whatever they are doing! However praise needs to help your child build up a realistic understanding of what they can do and so the best encouragement you can give them is **descriptive praise**.

When working with your child, explain to them exactly what they have done well to help them to build up confidence in their abilities.

For example: 'Well done, you have remembered to point at each word as you read'. This is much more beneficial for your child than just saying 'well done!' or telling them they are 'the best reader in the world!'



May 2025 - Confidence

