



# We all struggle sometimes. We all deserve support.



Our professional one-to-one counselling service is here for you for whatever you're going through.

- Affordable sessions
- No long waiting lists
- Short & long-term support
- Self-referral
- Walton-on-Thames, Woking or online



“

*I feel more content and happier  
in my day to day life.*

*For the first time ever  
I actually believe in myself.*

CLIENT”

## Whenever you are ready We are here for you.

# The Counselling Partnership

REGISTERED CHARITY NUMBER 1076244

🌐 [www.thecounsellingpartnership.org](http://www.thecounsellingpartnership.org)  
✉ [info@thecounsellingpartnership.org](mailto:info@thecounsellingpartnership.org)  
☎ 07494 893 443  
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# We all deserve support.

The Counselling Partnership is a local independent charity providing affordable, easily accessible, professional one-to-one counselling for adults facing a wide range of challenges including:

- Anxiety • Low self-esteem • Stress • Bereavement •
- Trauma • Phobias • Depression • Anger •
- Abuse • Relationship Issues • Work-Life Balance •

“

*If you're feeling weighed down, reach out and talk to someone who'll listen. It was the best decision I didn't know I needed.*

CLIENT”


## REFER YOURSELF

 **Contact us** to make an appointment

 **Attend an initial consultation** to discuss what you are going through and see how we can help

 **Meet weekly with your dedicated counsellor**, either in Walton-on-Thames, Woking or online

## WHAT DOES IT COST?

 As a charity, we kindly ask you to make a **weekly donation** for your sessions, based on what you can afford



Whenever you are ready, we are here for you.

**The  
Counselling  
Partnership**

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